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| Name: MR.SANAND KUMAR | Reg No: 09-3SMHC19 |
| Age / Sex:56/M | Contact No:9845834319 |
| Marital Status:ML- 30 YEARS | Date:09/3/19 |
| Occupation:BUSINESS – SOLAR DISTRIBUTORS | Dr. PJFP |
| Address:  NATIVE ELECTRONIC CITY. | DIAGNOSIS- |

1. FREQUENT COLD, THROAT HOARSENESS. IN AC FEELS DISCOMFORT. GETS WHEEZING ALSO IF THE COLD BECOMES MORE. DRY COUGH. SMTIMES MORE YELLOW. IF TAKES ANTIBIOTICS CANT WORK N TIRED AND FEELS DIFFICULT.

* DM SINCE 4.5 YEARS ITCHING ON SKIN AND WEAKNESS.
* BP: 25-30 YEARS USE TO HAVE NECK PAIN AND ANGER. AT 32 YEARS THEN HAD ALL TESTS AND DIAGNOSED AS BP.
* LOST JOB AND HAD SOME FAMILY ISSUES OVER LAND AND MONEY. NO1 CARED FOR HIM LEFT GOVT JOB AND CAME TO BUSINESS HAD TO FIGHT FOR HIS JOB OVER 5-6 YEARS AND NOW BECAME OLD GOT TO KNOW WAT FOR IS ALL THIS FIGHTING FOR.
* CANT TOLERATE HEAT.

RX:

1. NAT MUR 1M – 4-4-4-4.
2. RUB 30 – 1 TAB NIGHT B/FOOD.
3. CAUSTICUM 200- 4-4-4-4 1 WEEK.

11/4/19: feeling better. No hoarseness and cold and cough. Dust allergy. Irritation < dust. Sneezing. Ac wont suit. Dryness of mucus membranes.

Rx:

1. Thuja 1m – 1 dose.
2. Nux vom 200 – 1 dose.

11/5/19: got fever took some medication and had lot of breakouts around lips and all.

Rx:

1. Thuja1m – 1 dose.
2. Ars alb 1m – 1 dose 2 weeks later.
3. Rub 30 – 1-0-1 b/food.
4. Nat mur 12x – 4-4-4-4. 15gram.

28/6/19: 90% better.

Rx:

1. Thuja1m – 1 dose.
2. Ars alb 1m – 1 dose 2 weeks later.
3. Rub 30 – 1-0-1 b/food.
4. Nat mur 12x – 4-4-4-4. 15gram.